### Table of Contents

My Catholic Life	2
The Good I Will Do!	3
Jesus, Son of God	4
Work of Jesus	6
Jesus Teaches Us How to Love	8
God's Ten Commandments	10
Sacraments	12
Sacramentals	14
Prayer	16
Sin	18
Forgiveness	20
Act of Contrition	22
Mary, Mother of Jesus	24
Joseph	
Advent	28
Christmas Day	30
The Holy Trinity	32
The Bible	34
The Old Testament	36
The Book of Genesis	38
The Book of Exodus	40

The New Testament	42
The Gospels	44
The Catholic Church	
Respecting Other Religions	48
The Last Supper	50
Holy Week	52
My First Confession	54
Easter Sunday & the Ascension	56
My First Holy Communion	58
Virtues	60
Caring for Myself	62
The Liturgical Year	64
Parts of Mass	66
Liturgy of the Eucharist	68
Liturgy of the Word	70
The Apostles' Creed	72
My Ever-Growing Faith	74
The Good I Have Done!	
My Catholic Prayers & More!	76
My Catholic Words	78

# Universal

Catholic Reflections Book C Item #622, ISBN 978-1-934732-12-0

by Jennifer Schweighofer & Kelly Gilbert

Nihil Obstat Reverend J. Brian Bransfield August 29, 2011 Imprimatur Cardinal Justin Rigali Archbishop of Philadelphia September 5, 2011 The *nihil* obstat and *imprimatur* are official declarations that the material reviewed is free of doctrinal and moral error. No implication is contained therein that those who gave the *nihil* obstat and *imprimatur* agree with the contents, opinions, or statements expressed.

Scripture quotations in this publication are from the Contemporary English Version, Copyright © 1991, 1992, 1995 by American Bible Society. Used by permission.

#### IT IS ILLEGAL TO PHOTOCOPY THIS BOOK

This book is not to be reproduced in any manner whatsoever, in part or whole, without the written permission of the publisher. For additional information contact Universal Publishing, 1-800-940-2270 www.upub.net/catholic

Universal Publishing, Copyright © 2012, All Rights Reserved

# Jesus, Son of God

### Read

Jesus is the Son of God. He was born of the Virgin Mary. Jesus is both human and divine. God wanted the world to know how much he loves us. God was sad that the world was full of sin. He wanted us to learn how to live his way. God sent Jesus to live on earth to be our role model. Jesus died on the cross to save all of us from sin.

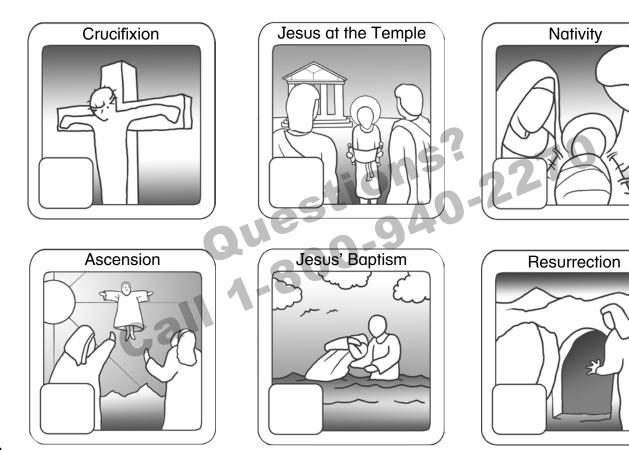
#### **Talk About It!**

What do you think Jesus was like when he was your age?

#### **Reflection Words**

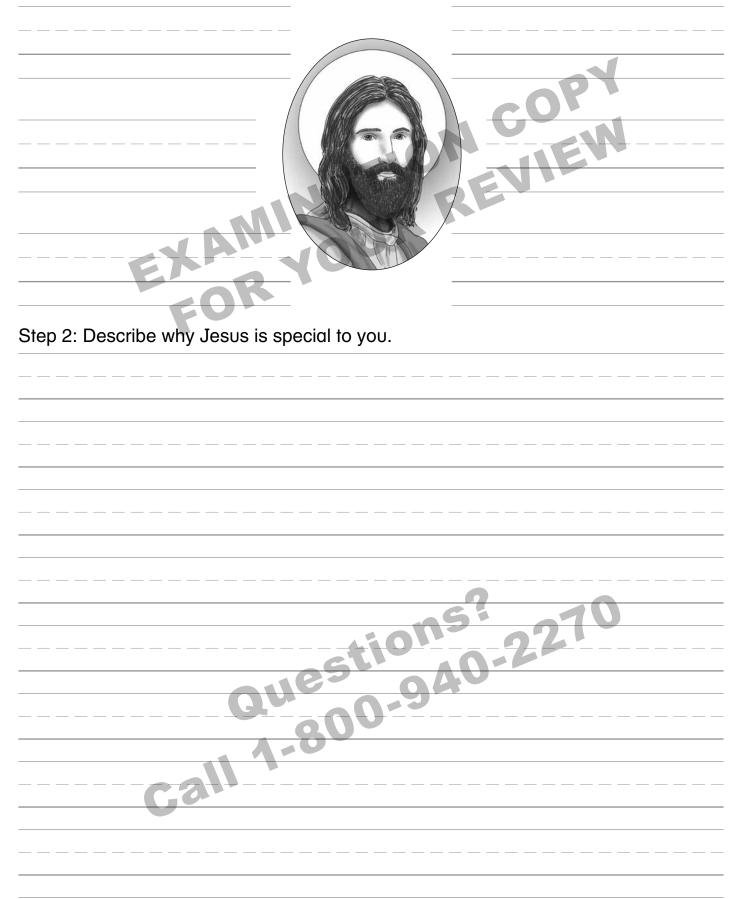
Jesus Son of God human divine role model

**Explore** Number the events of Jesus' life in the correct order.



### Reflect Why is Jesus special to you?

Step I: Write some words that describe Jesus.



# **Sacramentals**

## Read

Sacramentals are special objects that have been blessed by the Church. They help us celebrate the sacraments. Holy water and candles are sacramentals. So are rosaries and crucifixes.

Prayers and blessings can be sacramentals, too. The Sign of the Cross is one of the most important sacramentals because it reminds us of Jesus' love for us.

### Talk About It!

What sacramentals do you have in your house? How are they used?

### **Reflection Words**

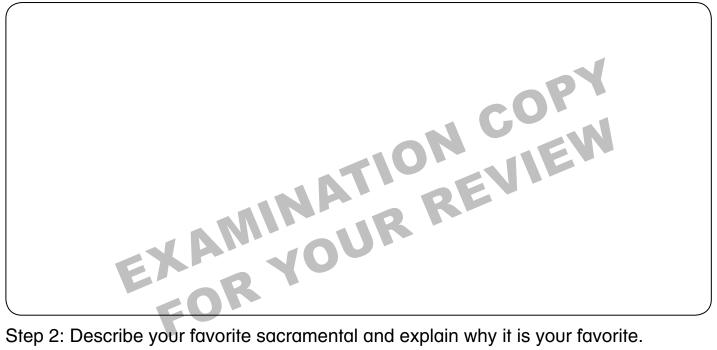
sacramental object celebrate prayer blessing rosary crucifix Sign of the Cross

**Explore** Draw a line from each word to the correct sacramental.



#### **Reflect** What is your favorite sacramental?

Step I: Draw a picture of your favorite sacramental.



Step 2: Describe your favorite sacramental and explain why it is your favorite.

Si TU
Gr A-3
$\frac{0}{4.800}$

# Sin

### Read

When we sin, we make a choice to disobey God. Sin causes us to do hurtful things to ourselves and others. There are two types of sin: venial sin and mortal sin. Venial sins make God sad. We commit venial sins when we say hurtful things or when we choose to disobey our parents. Mortal sins are very bad sins, such as killing. These sins take away our friendship with God. All sin hurts God because he wants us to live holy lives. Always try to avoid sin and live God's way!

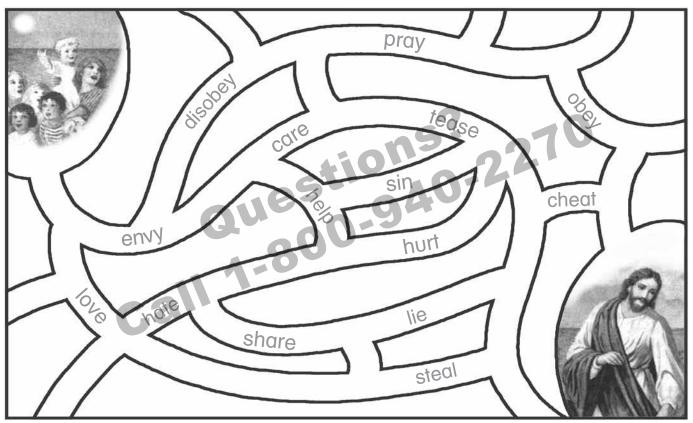
### Talk About It!

What should we do if we sin? Who can help us avoid sin?

#### **Reflection Words**

sin choice disobey venial sin mortal sin

**Explore** Follow the good paths to find Jesus. Avoid the sinful paths!



**Reflect** How does sin hurt our friendship with God? How can we fix this friendship? Step I: Write some words to describe how God feels when we sin.



Step 2: Describe how sin hurts our friendship with God and how we can fix it.

$Q_{18}^{10} Q_{18}^{10} Q_{1$
Questions? 2270 0 <sup>uestions</sup> .2270 0 <sup>uestions</sup> .2270
$\begin{array}{c} \begin{array}{c} & & & & \\ & & & & \\ & & & & \\ & & & & $
$0^{11}$
$\begin{array}{c} \begin{array}{c} \text{call} \end{array}$
$ Questions^{2} 270 \\ Questions^{2} 270 \\ Questions^{2} - 221 \\  Questions^{2} - 221 \\  Questions^{2} - 221 \\  Questions^{2} - 221 \\  Questions^{2} - 221 \\                              $
$0^{10}$
Questions? 2270 0.1200-940-2270 1.800-940-2270
$0^{10}$
$\begin{array}{c} \begin{array}{c} \begin{array}{c} \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} \\ \end{array} \\ \end{array} \\ \begin{array}{c} \end{array} \\ \end{array} $
Questions? 2270 Questions? 2770 Questions? 277
Questions? 2270 0.1800-940-2270 1.800-940-2270
Questions? 270 010-940-2210 01-940-2210 0-940-2210 0-940-2210 0-940-2210 0-940-2210 0-940-2210 0-940-2210 0-940-2210
$G_{4}^{uestions} 2270$
$\mathbf{G}_{10000000000$
$\frac{0}{4.800}$
Questions? 2270 0.00-940-2270 4-800-940-2270 0.00-940-2270 0.00-940-2270 0.00-940-2270 0.00-940-2270 0.00-940-2270
$\mathbf{Q}_{1}^{0} \mathbf{Q}_{1}^{0} \mathbf{Q}_{1}$
$\frac{0}{1.800}$
$Q_{4}^{uestions} 2270$
$G^{\mu} = \frac{940}{2}$
$\frac{Q_{1}e_{5}t_{1}o_{6}}{A_{1}e_{5}O_{1}O_{2}}$
$\mathbf{Q}_{0000000000$
Questo 940 800-940 A-800-940 Cat
Ques 940-6- 
Queso 940 1-800-94
Que 940 
Que 940 1-800-940 Cal
Q. 800-9-
<u> </u>
8U~

# The Bible

### Read

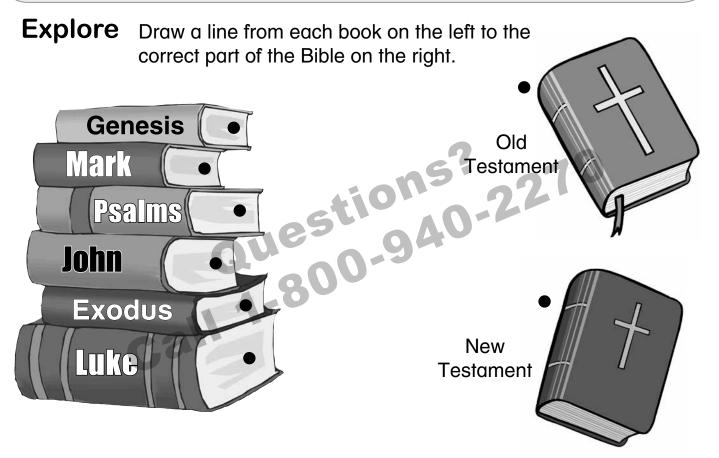
The Bible is a very special book. It is also called Sacred Scripture. The stories in the Bible are the Word of God. God chose people and inspired them to write the stories we find in the Bible. The Bible has two parts. The first part is the Old Testament. It is about the world before Jesus was born. The second part is the New Testament. It is about the birth, life, and death of Jesus.

#### Talk About It!

What do we learn from the stories in the Bible?

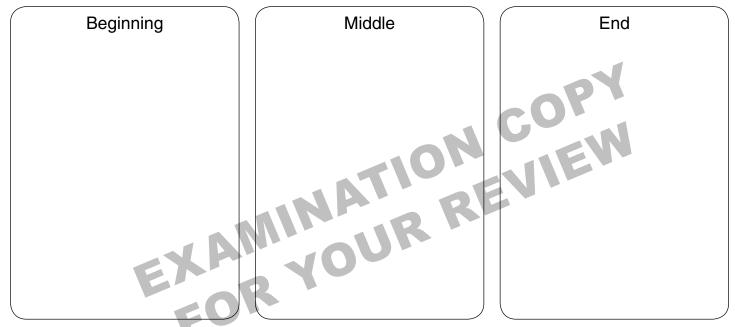
### **Reflection Words**

Bible Word of God inspire Sacred Scripture Old Testament New Testament



#### **Reflect** What is your favorite Bible story?

Step I: Draw pictures of the beginning, middle, and end of your favorite Bible story.



Step 2: Describe your favorite Bible story. What is the lesson in this story?

GG
QQ
<u>a</u> 00
800
<u> </u>
4.800
4-800
Guestions <sup>2</sup> 270 Guestions <sup>2</sup> 270 940-2210 4.800-940-2210
<u> </u>
800
800
800
800
800
Catter 800-20-20-20-20-20-20-20-20-20-20-20-20-2
800
Catter 300-20 Catter 30 Catter 30 Ca
80°
Catter 300-20 Catter 30 Catter 30 Ca
Catter Solution
800*** Catt

# The Last Supper

## Read

The Last Supper is the last meal that Jesus and the apostles had together before Jesus' death. Before they began eating, Jesus washed the feet of each of the apostles. Then, he prepared some bread and wine. He told the apostles that each time they celebrated Holy Communion, they would be reminded of Jesus' love. Today, we are still reminded of Jesus' love. Each time we celebrate Mass, the Eucharist lets us know that Jesus is still with us.

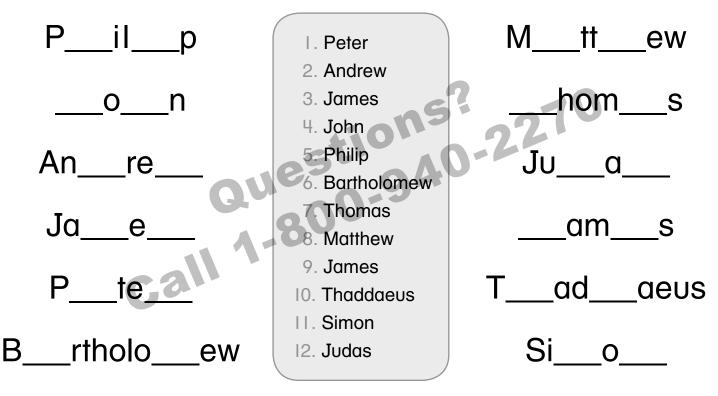
### Talk About It!

Why do you think Jesus washed the apostles' feet?

### **Reflection Words**

Last Supper Jesus apostles bread and wine Eucharist

**Explore** Fill in the missing letters to complete the apostles' names.



Reflect What do you think it would have been like to be at the Last Supper? Step I: Write six adjectives or adverbs to describe the Last Supper.



Step 2: Describe what you think it would have been like to be at the Last Supper.

Guestions? 2270 Guestions? 2270 